

Health and Wellbeing Board

7 September 2016

Report of Director of Operations, Tees, Esk and Wear Valleys NHS Foundation Trust

Mental Health Inpatient Facilities for York

Summary

1. This paper updates the Health and Wellbeing Board around the current position for mental health facilities in York. Whilst the paper focuses on inpatient services there are additional updates on the development of our community plans as some of the service transformation plans are interlinked.

Background

2. This paper updates the Health & Wellbeing Board around the current position for mental health facilities in York. There have been previous verbal and written updates to the Board which have outlined the estate implications following the Care Quality Commission's (CQC) decision not to register Bootham Park Hospital for healthcare services.
3. There have been a number of significant changes to our facilities following the contract change to Tees Esk and Wear Valleys NHS Foundation Trust (TEWV). As outlined previously, both the S136 Suite (place of safety) and outpatient services have been reinstated at Bootham following estates work and review via Care Quality Commission (CQC).
4. During the last 9 months there continues to be further transformation of services, developing our recovery approach, migrating IT systems and investing in new models of care. Improving our estates infrastructure is a critical part of our transformation plan.

Main/Key Issues to be Considered

Peppermill Court – Adult Services

5. Work has been underway to reinstate adult beds within York and following renovation of the Peppermill Court Unit (off Huntington Road, York), the unit is anticipated to be opened shortly. The unit will offer 24 beds, the 136 suite (place of safety) and a base for the crisis team.
6. A number of service users and carers have been involved in the development of the unit plans, which has enhanced the operational arrangements for the ward.

Rehabilitation and Recovery Services

7. Work is being undertaken with service users and carers and a wide range of stakeholders to consider service options around rehabilitation and recovery. There are a number of options being considered and further data is being collected to inform the proposals. There are a number of other work streams being explored under the rehabilitation and recovery umbrella which includes crisis house/ step down facilities and wider interface with housing. A separate report on this work has been submitted to the Health and Wellbeing Board.

Older People Services

8. The assessment and treatment service continue to be provided at Cherry Tree House (York). Meadowfields (York) provides female dementia care. Currently Worsley Court (Selby) offers male dementia care but following a building programme at Acomb Gables the Dementia male beds will be re-provided within this unit. This will bring all dementia care within the York locality which will be important due to the connection with the acute hospital and physical healthcare. The transfer of the unit is anticipated during Winter 2016/17.
9. Both Meadowfields and Worsley Court have had a staff attack system put in place to bring the services up to TEWV standards.

Community Hubs

10. A review of the current buildings from which Community Mental Health Teams (CMHT's) operate has identified a number of constraints with the existing estate. Many of the buildings offer poor patient facing environments, inadequate staff facilities, do not meet Disability Discrimination Act (DDA) requirements and are not optimally configured to meet modern mental health estate expectations.
11. TEWV's tender response outlined new ways of working, building on the Vale of York Clinical Commissioning Group's engagement work ("Discover!"), which highlighted a wider community focus.
12. A hub will offer outpatient and treatment facilities as well as CMHT office space for adults and older people. Our planning assumptions also include providing appointments and services within patients own homes, GP surgeries and other community venues. We will want to continue to maximise the visibility of mental health practitioners within primary care settings and will continue to work to explore how this can be maximised.
13. A working group have considered a range of options and undertaken a full option appraisal on possible sites for Community Hubs. This assessment has indicated that there would ideally be 3 main CMHT hubs across the Vale of York. This would cover Selby, York East and York West.
14. Taking each of the Hub areas in turn:
Selby – The CMHT currently use Worsley Court for accommodation and clinic appointments. Some estate work is planned to modify the facility (as part of further work around rehabilitation and recovery services) and this will also enhance the facility to increase the number of clinic rooms. This work is still in development.

York West - Acomb – The CMHT currently has office space and a small number of clinic rooms at Acomb Gables. Estate works have been agreed as part of the plans to bring Mental Health Older People (MHSOP) beds into this unit. As part of these plans additional clinic space has been developed and will be available from Winter 2016/17.

York East – A new site has been identified – Huntington House at Monks Cross which would enable services from Bootham Park Hospital (including the chapel and driveway), Union Terrace, Huntington Road, (St Andrews) and 22 The Avenue to be relocated. A business case is being compiled to confirm the detailed plans and revenue costs relating to this hub development, but it is anticipated that the new site will be available for patient use from December 2017.

New Hospital Development

15. As part of the engagement work, TEWV have undertaken a range of events to enable patients, carers, stakeholders and the public to raise issues and concerns, as there was recognition that there were high levels of concern around mental health services. There were a number of questions about our plans for the new hospital so we undertook four workshops in May which gave people an early opportunity to be involved in the development of the new hospital. The sessions focussed on three main areas – the size and number of beds needed, potential sites for the new hospital and best practice in building design. At these sessions there was a long list of potential sites (10+) which were explored and the challenges to the existing Bootham Hospital site were highlighted.
16. The feedback received from these events is helping us develop the final options around the proposed short list of site options. The Trust is currently undertaking detailed work in refining the potential site options to inform the formal consultation process.
17. The formal consultation process will begin in Autumn (September) and will last for 12 weeks. The consultation elements are outlined below:

The consultation document will outline the current inpatient services that are in place across the Vale of York, and give additional background to existing services. Within the document there will be an outline of the shortlisted site options with additional information on the rationale for inclusion and detail around the advantages and disadvantages of each site. We will seek feedback on the sites proposed.

There will be detail on how we want to develop more services in the community. We will outline our plans to reduce the current number of beds within the Locality by enhancing the community services

and reducing reliance on beds. We will seek views on the proposed number and configuration of beds.

The consultation feedback will inform the next steps around the new hospital plans. In addition the option appraisal will take in consideration time factors, cost, achievability, site investigations and design review. The outcome of consultation and the preferred option will be reported back in the New Year.

Consultation

18. Formal Consultation on the new mental health hospital for York is scheduled in September for 12 weeks. A communications and engagement plan has been developed in close collaboration with the Vale of York Clinical Commissioning Group.

Strategic/Operational Plans

19. The NHS Vale of York Clinical Commissioning Group (CCG) have confirmed the strategic requirement for a new mental health hospital by 2019.

Implications

- **Financial** - There will be planned investment in Estate infrastructure as part of the programmes outlined above. The specific costs will be identified within each project and will form part of the business case arrangements within Tees, Esk and Wear Valleys NHS Foundation Trust.
- **Human Resources (HR)** - No specific issues identified
- **Equalities**- No specific issues identified
- **Legal**- No specific issues identified
- **Crime and Disorder** - No specific issues identified
- **Information Technology (IT)** - No specific issues identified
- **Property** – This report outlines the estate implications within the Vale of York for mental health and learning disability services.

Risk Management

20. As part of the Business Case for the new hospital there will be consideration of the relative risks associated with this project.

Recommendations

21. The Health and Wellbeing Board are asked to consider:
- i. The update on the work undertaken to address the transformation of mental health services and the proposed plans for the new hospital.

Reason: To keep the Health and Wellbeing Board up to date with developments in relation to mental health inpatient facilities for the city.

Contact Details

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**Report
Approved**



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Specialist Implications Officers: None

Wards Affected:

All

Background Papers

None

Annexes

None

Glossary

CCG – Clinical Commissioning Group
CMHT – Community Mental Health Team
CQC – Care Quality Commission
DDA – Disability Discrimination Act

GP – General Practitioner

MHSOP – Mental Health Services for Older People

NHS – National Health Service

TEWV – Tees, Esk and Wear Valleys NHS Foundation Trust